



# Be Safe Stay Safe

Keeping you safe in your home and out 'n' about



Leonard  
Cheshire  
Disability

Northern  
Ireland



BIG  
LOTTERY  
FUND

LOTTERY FUNDED



## Training Programme

Be Safe Stay Safe is a partnership project, led by Leonard Cheshire Disability and funded through the BIG Lottery Fund's Safe and Well Programme. The project helps disabled people in Northern Ireland feel safer in their homes and in their communities.

Our programme cover 4 essential areas :

- Training
- Volunteering
- Advocacy
- Campaigning

## Group Sessions

Be Safe Stay Safe provides an innovative and interactive training programme, free of charge. This training has been developed with disabled people and increases participants' awareness of community and home safety.



The training is available to all disabled people, their families, carers, friends and paid staff. We cover a range of safety issues doorstep manner, internet, fire safety, anti-social behaviour, hate crime, access/leisure, finance, bullying, road safety, transport and relationships.

To book your session phone us on 028 90661281 or e-mail [besafestaysafe@leonardcheshire.org](mailto:besafestaysafe@leonardcheshire.org)

## Be Aware Take Care (BATC)

BATC is a unique six session stay safe training programme that works directly with individuals who have a disability; are living on their own, with family or carers, in supported housing or residential care.



BATC addresses the individual's specific safety needs, builds confidence, provides practical information, supporting people who have a disability to feel safe and stay safe at home and when they are out and about. It can be delivered in a location that suits the individual, their own home, a day centre, a library or a community centre.

For more information or to request a training form phone us on 028 90661281 or e-mail [besafestaysafe@leonardcheshire.org](mailto:besafestaysafe@leonardcheshire.org)



## Advocacy

We provide a Disability Hate Crime Advocacy service to support victims of disability hate crime and their carers' with either direct reporting, or facilitating third party reporting.



We actively communicate and share information with victims throughout the investigation process. The advocate role aims to raise awareness of Disability Hate Crime within relevant statutory, community and voluntary agencies, as well as within the disabled community itself.

If you believe you or someone you know has been a victim of Disability Hate Crime contact us by phone on 028 90661281 or email [advocacy@leonardcheshire.org](mailto:advocacy@leonardcheshire.org)

## Volunteering



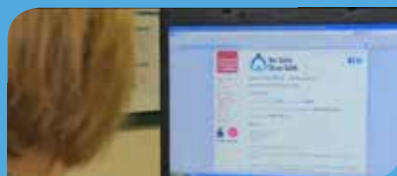
We have a group of volunteers who provide support to the project through Training, Social media and Training Development Forum/Steering Group meetings.

We can offer volunteering opportunities to fit in with your busy schedule, whether you have a few hours each week or a couple of hours each month to spare. We will provide flexible training so you can feel confident and get the best out of volunteering.

You can speak with Chris McAleer to find out how to become a volunteer. By phone on 028 90661281 or email [chris.mcaleer@leonardcheshire.org](mailto:chris.mcaleer@leonardcheshire.org)

## Campaigning

Do you feel safe in your community?  
Do you feel scared and frightened?  
What are the local issues that concern you?



Join many others in sharing experiences and ideas on how to make our community safer for disabled people.

Go On, We're Listening!

 Twitter: @besafestaysafe

 Facebook: besafestaysafe

## Leonard Cheshire Disability

Leonard Cheshire Disability works for a society in which every person is equally valued. We believe that disabled people should have the freedom to live their lives the way they choose - with the opportunity and support to live independently, to contribute economically, and to participate fully in society.

In Northern Ireland we provide support services for disabled people that foster and encourage the ethos of independent living.

- 5 Supporting Living services in Belfast, L'derry, Banbridge and Lurgan.
- A Leonard Cheshire Disability Resource Centre in Omagh.
- Floating Support services to disabled people who live locally in Omagh/Enniskillen and surrounding areas.

The Big Lottery funds two Leonard Cheshire Disability projects, 'Be Safe Stay Safe' and 'Moving on'.

**If you would like to know more about the service please contact:**



## Contact Us

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Twitter: @besafestaysafe #besafestaysafe

## Be Safe Stay Safe Partners

